

New Patient Packet





Welcome to Pediatric Associates.

It is our pleasure to welcome your family to Pediatric Associates. We are excited you have chosen our practice and look forward to meeting you soon.

This packet will provide everything needed to get started with our office, including all the registration forms and documents required to begin your care.

Also, you will find information on child health and safety topics we believe are essential to whole child wellness including vaccinations, sleep, gun safety, and child passenger safety.

WHO WE ARE

We are a group of board-certified pediatricians who work with our team of nurses, nurse practitioners, and child therapists. Our mission is to provide excellence in pediatric health care to Kansas City and beyond. We strive to fulfill this mission by offering evidence-based care from birth through adolescence, unsurpassed availability, and digital communication; all sprinkled with a bit of fun.

We have 3 locations to serve your family. You are welcome to visit any of our Pediatric Associates offices at any time for well or sick care. All our classes and events are open to any of our patients, regardless of your "home" location.

For more information, visit pedsassoc.com



APPOINTMENTS

Pediatric Associates is open 7 days a week to serve your family. Hours vary by location. We offer same-day sick appointments with your child's doctor. For additional convenience, we offer walk-in visits for simple illnesses and injuries - no appointment required - at all our locations throughout the day.

Routine well child care begins at the newborn follow-up visit, continuing through high school. At every well child visit, we will offer to schedule your next appointment to help us stay on track. If you don't schedule in the office, know that most of our physicians book well child appointments about 1-2 months in advance. Be sure to call in plenty of time to get the time you prefer.

Plaza: Monday-Friday

Urgent Care: 8:00am - 9:00am Office Hours: 9:00am - 4:30pm

(Walk-In Visits Welcome)

Urgent Care: 4:30pm - 7:00pm

Plaza: Weekends & Holiday Urgent Care

Sat. & Sun.: 9:00am - 5:00pm Holidays: 9:00am - 3:00pm (Unless otherwise posted; not available Christmas Day)

Lee's Summit: Monday-Friday

Urgent Care: 8:00am - 9:00am Office Hours: 9:00am - 4:30pm (Walk-In Visits Welcome)

Lee's Summit: Weekends & Holidavs

Lee's Summit patients welcomed at the Plaza location for evening, weekend and holiday care.

South Overland Park: Monday-Friday

Urgent Care: 8:00am - 9:00am Office Hours: 9:00am - 4:30pm

(Walk-In Visits Welcome)

South Overland Park: Weekends & Holidays

SOP patients welcomed at the Plaza location for evening, weekend and holiday care.

FIRST TIME PATIENT CHECKLIST

Required documents included in this packet (Pgs. 5-8)
Health insurance card(s)

☐ Any applicable copay

TRANSFER PATIENT CHECKLIST

	Documents included in this packet (Pgs. 5-8)
	Health insurance card(s)
	Any applicable copay
	Previous medical records (Pg. 9)

Current immunization records





WALK-IN VISITS

Think of us first for your child's illnesses and injuries. We are able to see children for simple visits throughout the day without an appointment. Please visit our website to see the types of illness and injuries that are appropriate for walk-in care. If your child has a problem that is not suitable for a walk-in visit, you will be scheduled with the next available clinician to ensure a longer visit time. If you are unsure where you should bring your child for care, call us first. We can let you know if it is a problem that needs an appointment, can be handled in a walk-in visit, or if other specialty care is required.

In most cases, we can treat your child in our offices without the need for an urgent care clinic or ER. We want to save you time, money, and worry!



WEEKEND & HOLIDAY VISITS

Illness and injury visits are available by appointment on Saturdays, Sundays, and all holidays excluding Christmas Day. All weekend and holiday visits are at the Plaza location. Call the office as early as 9 am on the day you would like your child to be seen, and our team will offer you the earliest appointment available. More information can be found on our website.



24/7 ADVICE

During business hours, we are happy to answer any questions over the phone or text. We pride ourselves in responding as quickly as possible while prioritizing the patients who are needing same-day appointments. For less urgent matters, feel free to leave a message on our text line at any time, and we will reply during business hours. After the office closes, you can still reach us! Our after-hours answering service will re-direct calls needing emergency guidance to our on-call physician.



CANCELLATIONS

Life happens. We get it. As much as possible, we ask that you kindly give us 24-hour notice when cancelling or rescheduling an appointment so that other patients can be seen. Families who repeatedly miss appointments without notification may be asked to leave our practice.



Family Registration

(ONE PER FAMILY)

PREFERRED DOCTOR	PATIENT INFORMATION	
☐ Alan Moylan, DO	Patient's name	
☐ Allee Tiitinen, MD	Biological sex	Date of birth
☐ Andrew Demo, MD		
☐ Angie Linz, DO	Race/Ethnicity	
☐ Chuck Moylan, MD	Preferred name	
☐ Connor Moylan, DO	Primary home address	
☐ Erin McDaniel, MD	•	
☐ Julie Ehly, MD	PARENT INFORMATION	
☐ Kate Robben, DO		
☐ Kelsey Ragsdale, DO	(Financially responsible) Relationship to Patient	Date of birth
	·	
☐ Kristin Palmen, MD	Employer	Occupation
☐ Laura Kantor, MD	Work phone	Home phone
☐ Madeline Summers, MD	Mobile phone	Maiden name
☐ Mike Kasper, MD	Email addrass	
☐ Natasha Burgert, MD	Ellidii dddress	
☐ Samantha Wiemann, MD	Primary home address(If different than child)	
☐ Tanner Isaacson, MD		
☐ Wendy Hulsing, MD		
HOW DID YOU HEAR	Relationship to Patient	Date of birth
ABOUT US?	Employer	Occupation
☐ Web search	Work phone	Home phone
☐ Social media		Maiden name
Another physician	·	
☐ Other child is a patient	Email address	
Other:	Primary home address(If different than child)	
HOW DO YOU PREFER TO BE CONTACTED?	PREFERRED PHARMACY	
☐ Home Phone ☐ Mobile	Name	
□ Work Phone □ Email	Street City	State



Family Registration

(ONE PER FAMILY)

OTHER CHILDREN IN YOUR FAMILY	0	ΤI	ΗE	R	C	н	Ш	D	R	PΕ	N	- 1	N	Υ	C) L	JF	2	F	Α	M	۱Ι	L	Υ	•
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Child's name	Child's name
Date of birth	Date of birth
Biological sex \square M \square F \mid PA Patient \square Y \square N	Biological sex
Child's name	Child's name
Date of birth	Date of birth
Biological sex \square M \square F \mid PA Patient \square Y \square N	Biological sex
CONCENT FOR TREATMENT.	
CONSENT FOR TREATMENT:	
examinations and routine services, order and perform	a affiliate of Children's Mercy, Inc. to conduct physical m tests, and administer treatment deemed necessary nity to ask questions and have my questions answered. Iy inform me as to the nature of the procedure, the
PRIVACY STATEMENT:	
On behalf of all the children listed on this registration. An affiliate of Children's Mercy, Inc.'s privacy policies	n, I have been made aware of Pediatric Associates - s and offered a written copy for my records.
FINANCIAL STATEMENT:	
	e benefits to be made directly to Pediatric Associates at I am financially responsible for all charges whether this healthcare provider to release all information
Sign name:	Date:
Print name:	
Relationship:	



Child Medical History

(ONE PER PATIENT)

PATIENT INFORMATION											
Patient's name Date of Birth											
Do you consider your child to be in good health? \square Y \square N Do you have any concerns about your child's health? \square Y \square N If yes, please explain:											
PAST MEDICAL HISTORY (PLEASE CHECK ALL THAT APPLY)											
□ Asthma □ Migraines □ Eczema □ Urinary tract infection □ Crossed eyes □ Bronchiolitis □ Reflux □ Other (please list): □ Preterm infant □ Concussion □ Allergic rhinitis □ (seasonal allergies) □ Seizures □ Constipation □ Multiple ear infections											
SURGICAL HISTORY (PLEASE CHECK ALL THAT APPLY) Adenoids removed Hypospadius repair Strabismus repair Other (please list): Appendix removed Nasal cauterization Pyloric stenosis repair Hernia repair Tonsillectomy repair BIOLOGICAL FAMILY HISTORY (PLEASE CHECK ALL THAT APPLY, INDICATING THE RELATIONSHIP TO YOUR CHILD AND AGE OF ONSET)											
☐ ADHD☐ Alcoholism	☐ Crohn's disease ☐ Cystic fibrosis	☐ High cholesterol ☐ Hypothyroidism									
☐ Allergies (seasonal)	☐ Depression	☐ Learning disability									
☐ Anemia	☐ Developmental disabilities	Leukemia									
☐ Anxiety	☐ Diabetes	☐ Migraine									
☐ Arrhythmia	☐ Drug allergy	☐ Seizures									
☐ Asthma	☐ Eating disorder	☐ Sickle cell trait									
☐ Bleeding disorders	☐ Hearing loss	☐ SIDS									
☐ Celiac disease	☐ Heart attack (< 50 yrs old)	☐ Tuberculosis									
☐ Congenital hip dysplasia	☐ High blood pressure	☐ Ulcerative colitis									
☐ Other											



Child Medical History

(ONE PER PATIENT)

BIRTH HISTORY
Any complications with the pregnancy? \square Y \square N If yes, please explain
Born at term? \(\sum \text{Y} \sum \text{N} \) If no, length of gestation
Born vaginally or by C-section? \square Vaginally \square C-section NICU stay after birth? \square Y \square N
Birth weight During pregnancy, did mom use tobacco, alcohol or other drugs? \square Y \square N
CURRENT ROUTINE MEDICATIONS: ALLERGIES:
Does anyone smoke in the home or car? $\square Y \square N$
Do you own firearms? \square Y \square N If yes, are they stored correctly? \square Y \square N Unsure \square
Sign name: Date:
Print name:
Relationship:



associates An Affiliate of Children's Mercy Transfer of Records

AUTHORIZATION FOR RELEASE OF INFORMATION

Patient's name Date of Birth							
Responsible party							
Patient's address							
Patient's phone number:	(City)	(State)	(Zip code)				
AUTHORIZATION							
RELEASE MEDICAL RECORDS FROM:	RELEASE MEDICA	L RECORDS TO:					
Doctor/Hospital	Doctor/Hospital _						
Street Address	Street Address _						
City/State/Zip	City/State/Zip _						
Phone Number	Phone Number _						
Fax Number	Fax Number						
I understand that I may revoke this authorized taken to comply with it. Without my expresatisfaction of the need for disclosure or whichever may occur first.	essed revocation, this consent v	will automatically	expire upon				
In consideration of the healthcare provide Pediatric Associates - An affiliate of Child suits, and causes of action arising out of, information this document requests and	dren's Mercy, Inc. from any and related to, or in any way conne	all liability, claims	, damages,				
A photocopy or facsimile of this form is v	alid as the original.						
Sign name:		Date:					
Print name:							
Relationship:							



Vaccinations

Immunizations are an essential part of whole child wellness. All the physicians at Pediatric Associates vaccinate their own children on-time and on-schedule. We expect our patient families to do the same.

Pediatric Associates follows the national immunization guidelines set forth by the American Academy of Pediatrics, the Advisory Committee of Immunization Practices, and the Centers for Disease Control.

Our families may visit any of our locations for vaccine visits, no appointment is required.

Helpful, evidence-based information on vaccines can be found on these reputable websites:

healthychildren.org

chop.edu/vaccines



HEPATITIS B

2

PEDIARIX PREVNAR 13 HIBERIX ROTARIX

4 MONTHS

PEDIARIX PREVNAR 13 HIBERIX ROTARIX

6 MONTHS

PEDIARIX
PREVNAR 13
HIBERIX
FLU VACCINE



MMR VARICELLA HEPATITIS A

15 MONTHS

DTaP HIBERIX PREVNAR 13 18
MONTHS

HEPATITIS A

4 YEARS

PROQUAD KINRIX 10 YEARS

HPV



Tdap HPV MENVEO

16 YEARS

MENVEO

18 YEARS

MENINGOCOCCAL B

THE ANNUAL INFLUENZA VACCINE AND COVID-19 VACCINE ARE OFFERED TO ALL CHILDREN 6-MONTHS AND OLDER.



QUICK GUIDE TO YOUR CHILD'S SLEEP

Quality sleep is formative to whole child wellness and parental health. Rest is essential for the brain and body to restore and grow, and most kids and their parents are not getting enough of these vital hours. It is true that each individual has unique sleep needs, but there are evidence-based guidelines to help you determine if everyone is getting enough rest.

Sleep facts:

- ➤ Your brain and body are working during sleep. These are important hours for repair and restoration of vital organs and body parts. In addition, hormone systems are triggered during restful sleep as we recharge and prepare for the next day.
- Only 8% of high schoolers get the recommended amount of sleep. Unfortunately, this is leading to a large number of sleep-deprived teenagers who are at increased risk of mental health challenges, attention and memory issues, drowsy-driving accidents, and poor grades.
- ➤ Sleep is a vital part of calm and peaceful parenting. In adults, chronic sleep deprivation can lead to irritability, short temper, speech changes (more "flat" and less effective), fewer joyful facial expressions, memory changes, and clumsiness. It is not selfish to expect a full night's sleep.

Better sleep makes better parents.

We are here to help you reach your sleep goal with education and coaching for the whole family. In addition to working with your child's physician, Pediatric Associates offers classes on infant and child sleep. Find our calendar of classes on our website.

How can I prevent SIDS?

From the first night in the hospital, all our parents are encouraged to practice safer sleep techniques to reduce the risk of Sudden Infant Death Syndrome (SIDS). As a community that has suffered from preventable infant loss, we encourage you to follow the best infant sleep practices. Safer sleep guidelines are evidence-based, not just a "good idea." As always, all of our physicians are happy to answer questions unique to your family.

Safe infant sleep practices include:

- ▶ Babies up to 1 year of age should be placed on their back to sleep for every sleep.
- Place baby in a bare, boring crib or bassinet with a firm, flat mattress.
- ➤ Do not use crib bumpers, loose blankets, or pillows in a crib.
- ▶ Place your infant in the same room where you sleep, but not in the same bed.
- ➤ Devices such as the Owlet and Angelcare have never been proven to protect infants from SIDS.
- Pacifiers during sleep are OK.
- Swaddle your baby to sleep, but don't let baby get too hot.
- Don't let baby sleep in the car seat or another inclined sleeping device.
- ▶ Breastfeed as you are able, and vaccinate on schedule.
- Don't smoke.

REFERENCES

healthychildren.org psychologytoday.com

ninds.nih.gov



CHILD PASSENGER SAFETY

Using a properly fitted car seat dramatically reduces the risk of injury and death during a motor vehicle collision. All our clinicians at Pediatric Associates are passionate about kids riding properly in cars, and we are here to help!

Safety facts:

- ► Children seated in a booster seat in the back seat are 45% less likely to be injured in a crash than children using a seat belt alone.
- ► Never leave a child alone in a car, not even for a minute! Always look before you lock. Make it a habit to check the back seat every time you leave the car.
- ▶ Remember, don't purchase or use "after market" car seat products. Use only the accessories that came in the box with the seat. Not in the box? Don't use it! Types of "after market" items could include: snow suits, head and body pillows, and sleeping bag type inserts. It is important to avoid these items because they were not crash tested with the original seat.

We know that choosing the right car seat can be tough. Installing an infant or convertible car seat can be even tougher. National statistics show 3 out of 4 car seats are installed incorrectly. An improprerly installed car seat can leave your child vulnerable to injury. One of our Nurse Practitioners, Lindsay Kiely, is here to help. She is a child passenger safety technician.

If you would like your car seat checked, please let us know. In addition, look for free, PAsponsored, car seat checks near your home.





AAP GUIDELINES FOR CHILD PASSENGER SAFETY:

- ▶ Rear facing: Keep your child in a rear-facing infant/ convertible seat until your child has reached the highest weight or height allowed by the car seat manufacturer.
- ► Forward facing: Use a forward-facing harness as long as possible, up to the highest height or weight limit as listed by the manufacturer.
- ► Booster seat use until 4'9" tall, or about 11 years old.
- Backseat until 13 years old.

REMEMBER KIDS LEARN BY WATCHING!

Be sure to set a good example by buckling yourself up - every ride, every time.
Consistent enforcement on every trip helps children learn the importance and value of safe car riding habits.

REFERENCES

healthychildren.org nhtsa.gov safekids.org



SAFF STORAGE OF GUNS

The safest home for children and teens is one without guns. We know that many of our Kansas and Missouri families own firearms. We also know our community has been affected by children dying as a result of firearms in their environment. Working together to decrease a child's access to loaded, unsecured weapons can help to prevent these tragedies.

The Facts:

- Among children, the vast majority of unintentional shooting deaths occur in the home. Most of these deaths occur when children are playing with a loaded gun in their parent's absence.
- Kansas and Missouri are seeing increased rates of suicide. We know the most lethal suicide attempts involve firearms. Studies suggest more than 80% of guns used by youth in suicide attempts were kept in the home of the victim, a relative, or a friend.
- Talking about firearms with your children is not enough. 75% of elementary-aged children know where their parents keep their guns. Kids are curious and will explore available weapons.

Gun Safety

The U.S General Accounting Office estimated that 31% of accidental deaths caused by firearms might be prevented with the addition of two devices: a child-proof safety lock and a loading indicator. If you own a firearm, the gun should be locked and unloaded, with ammunition locked separately. Children and teens should not be able to access the keys or combinations to lock boxes or gun safes. And, do not keep loaded guns in your car.

Steps to Take

Visit projectchildsafe.org where you will find locations in Kansas and Missouri where you can receive a free cable gun lock. Also, you can sign a pledge of gun ownership to "Respect it. Secure it."

Visit askingsaveskids.org where you will find ways to talk about guns in the homes of family members and playmates, working together to ensure our children's environments are free from unsecured firearms.



REFERENCES

injury.research.chop.edu

healthychildren.org projectchildsafe.org





FOR MORE INFORMATION VISIT US ANY TIME AT PEDSASSOC.COM





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AUTHORIZATION FOR RELEASE OF INFORMATION

Patient's name	Da	ate of Birth	
Responsible party			
Patient's address			
Patient's phone number:	(City)	(State)	(Zip code)
AUTHORIZATION			
I authorize		(Address)	
to furnish to Pediatric Associates - An affiliate of Cl	nildren's Mercy, Inc. r	, ,	ncluding
immunizations on the above patient.			
	OR		
I authorize Pediatric Associates - An affiliate of Chi	ldren's Mercy, Inc. to	furnish medical re	ecords,
including immunizations on the above patient to _		(Name)	
(Address)		(Fax number)	
I understand that I may revoke this authorization at taken to comply with it. Without my expressed revo satisfaction of the need for disclosure or on the SIX whichever may occur first.	ocation, this consent	will automatically	expire upon
In consideration of the healthcare provider's comp Pediatric Associates - An affiliate of Children's Mer suits, and causes of action arising out of, related to information this document requests and authorizes	cy, Inc. from any and , or in any way conne	all liability, claims	, damages,
A photocopy or facsimile of this form is valid as the	e original.		
Sign name:		Date:	
Print name:			
Relationship:			

Psychological Evaluations



MIRAE J. FORNANDER, PHD

As children grow, many experience difficulties with learning, concentrating, getting along with others or managing their emotions. A psychological assessment can identify the primary cause of these challenges, while providing actionable ways to improve performance and behavior. Through comprehensive interviews, testing, questionnaires and health records, the assessments identify areas of strength and support. The results of the completed evaluation are individualized for each child, allowing for early identification and treatment of various psychological needs.

WHY SEE A PSYCHOLOGIST?

Licensed clicnical psychologists, like Dr. Fornander, are expertly trained to administer psychological assessments and interpret the results.

PREPARING FOR AN APPOINTMENT

- Plan to follow your normal evening routine, including eating and sleeping.
- Bring glasses, hearing aids, or other assistive devices.
- Bring a snack and drink, as appointments are long.
- Take medications as prescribed.
- Bring all school records, teacher report form, and requested documents.
- Bring all completed paperwork and questionnaires.



AREAS TESTED:

An evaluation may assess

- Intelligence
- Academic Achievement
- Attention
- Memory
- Language
- Organization and Planning
- Emotional, Behavioral, Social, and School Functioning

In order to diagnose

- ADHD
- Learning Disabilities
- Mood & Anxiety Disorders
- Developmental Disorders
- Intellectual Disabilities
- PTSD
- Gender Dysphoria
- Disruptive or Conduct Disorders
- Other concerns impacting children and adolescents who are at least five years old

READY TO SCHEDULE? HAVE ADDITIONAL QUESTIONS? Call the front desk at (816) 561-8100.

PEDIATRIC ASSOCIATES PEDSASSOC.COM